

# True Healing Massage

## Rates & Discounts

### Memberships - 10% off

Choose any modality and session length for just a 6 month commitment!

Example:	List price	Member Price
60 min Swedish	\$95	\$85.5
60 min Deep Tissue	\$110	\$99
60 min Therapeutic	\$120	\$108

### Membership Perks

- Redeem 1 prepaid massage each month.
- **Unlimited** 10% discount on all other services.\*
- **\$5** off add-ons (hot stones, aromatherapy, cupping, reflexology)
- **10% off** gift cards\*
- Memberships available for each service type or session length (30, 60, or 90 minutes)

### Pre-pay and save!\*

Buy 10 and save 10%

Buy 5 and save 7.5%

Buy 3 and save 5%

must use within 12 months

*Any modality!*

*No monthly obligation!*

### Birthday Bash!

Receive 10% off of one massage in your birthday month!\*

### Veterans, Active Duty, & First Responders

\*first responders include firefighters, police, or EMTs\*

We partner with Hands for Heroes to provide you

with your first massage HALF PRICE.

Get an additional 10% off every massage.\*

\*\*\*\*\*Discounts may not be combined or stacked.\*\*\*\*\*

**619-432-5464**

## Average Rates

<u>Service</u>	<u>Average Rate</u>	<u>Rate</u>
Swedish Massage		\$95/hour
Deep Tissue Massage		\$110/hour
Therapeutic Massage		\$120/hour
Prenatal Massage		\$95/hour
Pediatric Massage		\$37.5/30 mins
Chair Massage		\$21/15 mins
Lymphatic Drainage Massage		\$95/hour
Post-Surgery LDM		\$135/hour
Reflexology		\$90/hour
Acupressure		\$110/hour
MPS Therapy		\$55/30 mins
Scar Release Therapy		\$55/30 mins
Essential Oil Applications		\$115/hour
Lipo-Laser & Cavitation		Packages Vary -
Slimming Treatments		Text us for more info!

Add-ons \$15 each

## Hot Stones, Cupping, Aromatherapy, or Reflexology

\*Many services are offered for different lengths of time other than what is listed here, or come in packages or involve multiple sessions. Prices for these will vary depending on what is purchased.

Please visit our website or contact us for more information.



Five Stars on Google!



**619-432-5464** Text us!!

3629 Fort Avenue  
Lynchburg, VA 24501

[www.truehealingmassage.net](http://www.truehealingmassage.net)



Hours of operation are by appointment only:  
Monday through Saturday

For business inquiries: [terri@truehealingmassage.net](mailto:terri@truehealingmassage.net)