

# True Healing Massage

## Rates & Discounts

### Memberships

Example: 60 Minute Swedish at \$80 list price

6 months	10% off	\$72/month
Annual	15% off	\$68/month

### Membership Perks

- Redeem 1 massage at the discounted price each month
- Unlimited 10% discount on all other services
- \$5 off add-ons (hot stones, aromatherapy, cupping, reflexology)
- Memberships available for each service type or session length (30, 60, or 90 minutes)
- Biggest discounts we offer!

### Pre-pay and save!

Buy 10 Swedish and save \$10 on each (\$100)!	\$700
Buy 5 Swedish and save \$5 on each (\$25)!	\$375
Buy 3 Swedish and save \$10 total.	\$230

### Birthday Bash!

Receive 10% off of one massage in your birthday month!

### Veterans, Active Duty, & First Responders

\*first responders include firefighters, police, or EMTs\*

We partner with Hands for Heroes to provide you with your first massage FREE.

Get an additional 10% off every massage.

Punch card- 9 visits and your 10th one is FREE!

619-432-5464

## Average Rates

<u>Service</u>	<u>Rate</u>
Swedish Massage	\$80/hour
Deep Tissue Massage	\$95/hour
Therapeutic Massage	\$105/hour
Prenatal Massage	\$80/hour
Pediatric Massage	\$30/30 mins
Chair Massage	\$17.5/15 mins
Lymphatic Drainage Massage	\$80/hour
Post-Surgery LDM	\$105/hour
Reflexology	\$75/hour
MPS Therapy	\$55/30 mins
Scar Release Therapy	\$55/30 mins
Essential Oil Applications	\$100/hour
Lipo-Laser & Cavitation Slimming Treatments	Packages Vary - Text us for more info!

### Add-ons \$15 each

Hot Stones, Cupping, Aromatherapy, or Reflexology

\*Many services are offered for different lengths of time other than what is listed here, or come in packages or involve multiple sessions. Prices for these will vary depending on what is purchased.

Please visit our website or contact us for more information.

## Hire us for your event!

We work office parties, bridal parties, baby showers, athletic events, health workshops, and more!

Pay us by the hour or have the customers pay us by the minute.

Travel fee applies

## Check us out on Social Media!



facebook.com/bodyworkbyterri  
instagram.com/true.healing.massage



Five Stars on Google!

# True Healing Massage

**619-432-5464 Text us!!**

3629 Fort Avenue  
Lynchburg, VA 24501

[www.truehealingmassage.net](http://www.truehealingmassage.net)

Hours of operation are by appointment only:  
Monday through Saturday

For business inquiries: [terri@truehealingmassage.net](mailto:terri@truehealingmassage.net)